



Beloved Mary Magdalena,

Grant me the Grace to follow in your ways.
To be a tower of light in a world of darkness.
To be a tower of courage in the face of fear.
To be a tower of truth when truth is unpopular.
To be a tower of silence when silence is needed.
To be a tower of patience when the pressure to react is strong.

Mary Magdalena,

Grant that I may always remember ...
To be forgiving when others betray me.
To be compassionate when others need me.
To be tolerant when others do not understand me.
To be loving when others hate me.
To be kind when others taunt me.
To be humble when arrogance and popularity tempt me.

Grant me most of all to forgive myself when I falter.

Please overlook me and guide my steps forever.

AMEN

www.MagdalenaHealing.com